

**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

## Metric

### Sizes 00-18

|  | 00    | 0    | 2     | 4     | 6     | 8     | 10    | 12    | 14    | 16    | 18    |
|--|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| <b>BODY MEASUREMENTS (CENTIMETERS)</b> |       |      |       |       |       |       |       |       |       |       |       |
| BUST                                   | 81    | 84   | 86    | 89    | 91    | 94    | 98    | 102   | 107   | 112   | 117   |
| WAIST                                  | 61    | 64   | 66    | 69    | 71    | 74    | 77    | 81    | 86    | 91    | 96.5  |
| HIP                                    | 86    | 89   | 91    | 94    | 97    | 99    | 103   | 107   | 112   | 117   | 122   |
| SHOULDER                               | 34.9  | 35.6 | 36.2  | 36.8  | 37.5  | 38.1  | 39.4  | 40.6  | 41.9  | 43.2  | 44.5  |
| <b>MAIN FABRIC REQUIRED (METERS)*</b>  |       |      |       |       |       |       |       |       |       |       |       |
| 114 CM                                 | 2.9   | 2.9  | 2.9   | 2.9   | 2.9   | 2.9   | 2.9   | 3.7   | 3.7   | 3.7   | 3.7   |
| 152 CM                                 | 2.6   | 2.6  | 2.6   | 2.6   | 2.6   | 2.6   | 2.6   | 3.1   | 3.1   | 3.1   | 3.1   |
| 6 MM ELASTIC (IN CM) CUT TWO           | 18.3  | 19.0 | 19.6  | 20.3  | 20.9  | 21.6  | 22.3  | 22.9  | 23.9  | 24.8  | 25.8  |
| <b>FINISHED GARMENT (CENTIMETERS)</b>  |       |      |       |       |       |       |       |       |       |       |       |
| BUST**                                 | 92.6  | 95.2 | 97.7  | 100.2 | 102.8 | 105.3 | 109.2 | 113.1 | 118.1 | 123.2 | 128.3 |
| WAIST**                                | 61.1  | 63.6 | 66.2  | 68.7  | 71.3  | 73.8  | 77.7  | 81.5  | 86.6  | 91.7  | 96.8  |
| HIP**                                  | 145.6 | 148  | 150.5 | 153   | 155.5 | 158   | 161.8 | 165.6 | 170.7 | 175.7 | 180.7 |
| BICEP**                                | 29.2  | 30.5 | 31.8  | 33    | 34.3  | 35.6  | 37.2  | 38.7  | 40.3  | 41.9  | 43.5  |
| SHOULDER**                             | 35.9  | 36.5 | 37.2  | 37.8  | 38.5  | 39.2  | 40.1  | 41.1  | 42.4  | 43.6  | 44.9  |
| CB LENGTH                              | 86.9  | 88.3 | 89.7  | 91.1  | 92.6  | 94    | 95.3  | 96.5  | 97.8  | 99.1  | 100.3 |

\* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\*Bust is measured 5 cm" below the armhole; waist is measured at the seam; hip is measured at the notches; bicep is measured 2.5 cm from armhole shoulder is measured from shoulder notch to shoulder notch across back.

**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

## Metric

### Sizes 12-30

|  | 12    | 14    | 16    | 18    | 20    | 22    | 24    | 26    | 28    | 30    |
|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| <b>BODY MEASUREMENTS (CENTIMETERS)</b> |       |       |       |       |       |       |       |       |       |       |
| BUST                                   | 102   | 107   | 112   | 117   | 122   | 127   | 132   | 137   | 144.5 | 152   |
| WAIST                                  | 84    | 89    | 94    | 99    | 104   | 109   | 114   | 119   | 126.5 | 134   |
| HIP                                    | 112   | 117   | 122   | 127   | 132   | 137   | 142   | 147   | 154.5 | 162   |
| SHOULDER                               | 36.8  | 37.5  | 38.1  | 38.7  | 39.4  | 40.6  | 41.9  | 43.2  | 43.2  | 43.2  |
| <b>MAIN FABRIC REQUIRED (METERS)*</b>  |       |       |       |       |       |       |       |       |       |       |
| 114 CM                                 | 3.7   | 3.7   | 3.7   | 3.7   | 6.0   | 6.0   | 6.0   | 6.0   | 6.0   | 6.0   |
| 152 CM                                 | 3.1   | 3.1   | 3.1   | 3.1   | 3.5   | 3.5   | 3.5   | 3.5   | 3.5   | 3.5   |
| 6MM ELASTIC (IN CM) CUT TWO            | 20.6  | 21.5  | 22.5  | 23.5  | 24.4  | 25.4  | 26.4  | 27.3  | 28.6  | 29.9  |
| <b>FINISHED GARMENT (CENTIMETERS)</b>  |       |       |       |       |       |       |       |       |       |       |
| BUST**                                 | 112.9 | 118   | 123.1 | 128.2 | 133.3 | 138.4 | 143.6 | 148.7 | 156.3 | 164   |
| WAIST**                                | 83.8  | 88.9  | 94    | 99    | 104.1 | 109.1 | 114.2 | 119.3 | 126.9 | 134.5 |
| HIP**                                  | 176.5 | 181.5 | 186.5 | 191.5 | 196.5 | 201.5 | 206.5 | 211.4 | 219   | 226.5 |
| BICEP**                                | 40.3  | 41.5  | 42.8  | 44.1  | 45.3  | 46.9  | 48.5  | 50    | 53.9  | 57.7  |
| SHOULDER                               | 38.4  | 39.1  | 39.7  | 40.4  | 41.0  | 42.3  | 43.6  | 44.8  | 44.8  | 44.8  |
| CB LENGTH                              | 96    | 97.3  | 98.5  | 99.8  | 101.1 | 102.3 | 103.6 | 104.9 | 105.5 | 106.2 |

\* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\*Bust is measured 5 cm" below the armhole; waist is measured at the seam; hip is measured at the notches; bicep is measured 2.5 cm from armhole shoulder is measured from shoulder notch to shoulder notch across back.